

## **Video Game Addiction**

### **Further Reading and Informational Resources**

#### **>> Book**

Title: [Unplugged: My Journey Into the Dark World of Video Game Addiction](#)

Website: <http://www.wix.com/ryanvanleave/unplugged>

#### **>> Website**

Title: [World of Warcraft Detox](#)

Description:

Lots of people are having problems coping with a gaming addiction to World of Warcraft. They stay glued to their computers often hurting themselves and the people they love. This site aims to provide people with an anonymous outlet for them to express their angst. Hopefully reading through some of the posts will allow some users to find reasons to break the habit.

Not everyone has a problem with the game but those who do need the help.

Website: <http://www.wowdetox.com>

#### **>> Dave's Videos**

Title: [World of Warcraft Addiction is Real](#)

YouTube Channel: <http://www.youtube.com/user/dvdwmp1r>

Part 1: <http://www.youtube.com/user/dvdwmp1r#p/u/32/vEtrRHkHxz0>

Part 2: <http://www.youtube.com/user/dvdwmp1r#p/u/31/w7M5oMphSaM>

Part 3: [http://www.youtube.com/user/dvdwmp1r#p/u/30/9\\_MPLNy-xnI](http://www.youtube.com/user/dvdwmp1r#p/u/30/9_MPLNy-xnI)